



# SOTA Student Leadership Conference

October 8-9, 2020

Syracuse University

**ALL TIMES ARE LISTED FOR EASTERN  
STANDARD TIME (EST)**

Image Description:  
The SLC logo in  
black and white.

## AGENDA

### Day 1: Thursday, October 8, 2020

- 12:00PM- 12:15PM- LOBBY TIME, ([Zoom Link](#)) Passcode: SLC2020

-Time to get settled and everyone admitted to our shared opening session-

- 12: 15PM- 12:30PM- WELCOME ADDRESS

#### - Welcome to the 2020 SOTA SLC!

The conference begins with an introduction from the organizers. During this time, conference organizers will introduce themselves, provide explanations of conference materials, explain where sessions are located and answer any questions participants have. Participants will participate in a large-group community building activity. -

- 12:30PM- 2:00PM Shared Plenary with SOTA (**Same Link as above- NO movement**)

Keynote Presentation:

#### **“And They Were Roommates: Navigating Inclusive Mentorship in Higher Education.”**

A film by Kylie Walter and Olivia Baist

College roommates navigate a year of challenges, raw emotions and unique successes inherent in a mentorship program that pairs students with and without intellectual disabilities in a campus environment.

- 2:00PM- 2:10PM LOBBY TIME!

**Find Your Zoom!** SLC Conference Hosts will help you select the Zoom you want to attend. If you are unsure where you are supposed to go, we will help you get to where you need to be!

- 2:10PM- 2:30PM- Brain Break/Activities

Get to know other conference attendees with similar interests! Participants can choose from one of the following options:

<b>Brain Break Activity:</b>	<b>Description:</b>	<b>Zoom Link:</b>
Trivia!	Test your random knowledge.	<a href="#">Link</a> Passcode: SLC2020
Would You Rather...	A game choices.	<a href="#">Link</a> Passcode: SLC2020
Guided Meditation	Relax and center yourself.	<a href="#">Link</a> Passcode: SLC2020

- 2:30PM- 2:45PM LOBBY TIME!

**Find Your Zoom!** SLC Conference Hosts will help you select the Zoom you want to attend. If you are unsure where you are supposed to go, we will help you get to where you need to be!

- 2:45PM- 3:15PM- **Concurrent Session #1:**

Participants have the choice to attend one (1) of the following presentations:

<b>Choice:</b>	<b>Presenter(s):</b>	<b>Zoom Link:</b>
"Self-Advocacy in Academics & Everyday Life."	<b>Jessica Otty</b> USU- Aggies Elevated	<a href="#">Link</a> Passcode: SLC2020
"Getting Out & About on Campus."	<b>Jessica Baker &amp; Lara Klein</b> University of Cincinnati-TAP	<a href="#">Link</a> Passcode: SLC2020
"From Mission Impossible to Mission Possible."	<b>Courtney Jorgensen</b> USU- Aggies Elevated	<a href="#">Link</a> Passcode: SLC2020
"Activities, Campus, and YOU! Get Involved!"	<b>Kaine Robinson</b> Syracuse University-InclusiveU	<a href="#">Link</a> Passcode: SLC2020

**CHOICE A: Self-Advocacy in Academics & Everyday Life:** Jessica Otty from Aggies Elevated at Utah State University shares tips and their personal experiences advocating for their needs in college and out in public. Jessica offers some advice on how to ask for the things you need to be successful.

**CHOICE B: Getting Out & About on Campus:** Jessica Baker and Lara Klein from the Transition and Access Program (TAP) at the University of Cincinnati share tips

and their personal experiences about getting involved on their college campus. They profile several different programs that are available on their campus. Getting involved on campus helps you make connections.

**CHOICE C: From Mission Impossible to Mission Possible:** Courtney Jorgensen from Aggies Elevated at Utah State University shares tips on ways to overcome obstacles and prepare to have a successful college experience in an inclusive higher education program.

**CHOICE D: Activities, Campus, and YOU! Get Involved:** Kaine Robinson from the InclusiveU program at Syracuse University shares tips on how to get involved on campus and in the community. As a senior in the InclusiveU program, Kaine reflects on the different ways he has made the most of his time in college.

- 3:15PM- 3:30PM LOBBY TIME!

**Find Your Zoom!** SLC Conference Hosts will help you select the Zoom you want to attend. If you are unsure where you are supposed to go, we will help you get to where you need to be!

- 3:30PM- 3:50PM- Networking Opportunities

Get to know other conference attendees with similar interests! Participants can choose from one of the following options:

<b>Networking Activity:</b>	<b>Description:</b>	<b>Zoom Link:</b>
High School Students Only!	Find out what other high school students are planning to do after they graduate.	<a href="#">Link</a> Passcode: SLC2020
Living on Campus!	Do you have questions about what it is like to live on campus? Find out what your peers are saying!	<a href="#">Link</a> Passcode: SLC2020
Talk to the Professors!	Do you have questions about how to talk to professors about your needs?	<a href="#">Link</a> Passcode: SLC2020

- 3:50PM- 4:00PM LOBBY TIME!

**Find Your Zoom!** SLC Conference Hosts will help you select the Zoom you want to attend. If you are unsure where you are supposed to go, we will help you get to where you need to be!

- 4:00PM- 4:30PM Presentation #2 ([Zoom link:](#)) Passcode: SLC2020

**Independence: What Is It and How Do I Get It?** Elise McDaniel and Michael Nack from the FUTURE Program at the University of Tennessee in Knoxville share tips on gaining independence and finding success at school and on the job. These advocates share their experiences with independent living and getting around to all the various places in the community they need to go. You won't want to miss their practical tips!

- 4:30PM- 4:45PM LOBBY TIME!

**Find Your Zoom!** SLC Conference Hosts will help you select the Zoom you want to attend. If you are unsure where you are supposed to go, we will help you get to where you need to be!

- 4:45PM- 5:30PM – *FREE TIME!*

**LUNCH/DINNER:** This is your opportunity to take a break, grab something to eat, stretch your legs, and get ready for our annual DANCE PARTY!!!!

- **SLC hosts will have some open rooms if you want to eat with your new friends-**

- 5:30PM- 8:00PM- *4<sup>th</sup> ANNUAL DANCE PARTY!* ([Zoom Link:](#)) Passcode: SLC2020

**Lip Sync Battle/Mixer:** Who is ready to THROW DOWN??? This is an opportunity to jam out with friends, participate in lip sync battles, and socialize with SOTA and SLC participants from across the country! Be sure to give your song suggestions to your room hosts!

## **Day 2: Friday, October 9, 2020**

- 12:00PM- 12:15PM- *LOBBY TIME,* ([Zoom link:](#)) Passcode: SLC2020

-Time to get settled and everyone admitted to our shared opening session-

- 12:15PM- 12:30PM- WELCOME/ ANNOUNCEMENTS

- 12:30PM- 1:30PM- Presentation #3 (Same Link as above- NO movement)

Presentation #3:  
**Policy, Advocacy, and You!**  
 by Micah Fialka-Feldman and Sara Jo Soldovieri

Two advocates share tips on how to stay informed about key policy decisions that impact you. Micah and Sara Jo will talk about where to access information, why it is important to stay current and the best way to have your questions answered.

- 1:30PM- 1:45PM- LOBBY TIME!

**Find Your Zoom!** SLC Conference Hosts will help you select the Zoom you want to attend. If you are unsure where you are supposed to go, we will help you get to where you need to be!

- 1:45PM- 2:05PM- Networking Opportunities

Get to know other conference attendees with similar interests! Participants can choose from one of the following options:

<b>Networking Activity:</b>	<b>Description:</b>	<b>Zoom Link:</b>
Parent to Parent	Are you a parent? Do you have questions? Come mix and mingle with others.	<a href="#">Link</a> Passcode: SLC2020
Hobbies and More!	What are you interested in? Sports? Music? Arts? Come chat with others who share your interests too!	<a href="#">Link</a> Passcode: SLC2020
Online Learning	Want to share your online learning experiences and share tips on how to manage the stress?	<a href="#">Link</a> Passcode: SLC2020

- 2:05PM- 2:15PM LOBBY TIME!

**Find Your Zoom!** SLC Conference Hosts will help you select the Zoom you want to attend. If you are unsure where you are supposed to go, we will help you get to where you need to be!

- 2:15PM- 2:45PM- **Concurrent Session #2:**

Participants have the choice to attend one (1) of the following presentations:

<b>Choice:</b>	<b>Presenter(s):</b>	<b>Zoom Link:</b>
“Using Multimodal Communication to Be Successful in College.”	<b>Maia Chamberlain</b> Syracuse University- InclusiveU	<a href="#">Link</a> Passcode: SLC2020
“When Teachers and Students Connect.”	<b>Andrew Benbenek &amp; Olivia Stomski</b> Syracuse University- InclusiveU	<a href="#">Link</a> Passcode: SLC2020
“Building Healthy Social and Peer Relationships.”	<b>Paige Morgan</b> USU- Aggies Elevated	<a href="#">Link</a> Passcode: SLC2020
“Finding Your People or Tribe: Building Social Capital.”	<b>Colton Vazquez, Nate Pearson, Alexandra Raymond, Morgan Cargulio, &amp; McKenna Killion</b> Duquesne University- Compass Program	<a href="#">Link</a> Passcode: SLC2020

**CHOICE A: Using Multimodal Communication to Be Successful in College:**

Maia Chamberlain from the InclusiveU program at Syracuse University reminds us that everyone has a voice. Maia is an advocate sharing tips about using technology to communicate and educates us on the Communication Bill of Rights.

**CHOICE B: When Teachers and Students Connect:** Andrew Benbenek and Professor Olivia Stomski from Syracuse University share their experiences working together and offer tips for others on how to navigate relationships with teachers and how to make sure everyone is on the same page.

**CHOICE C: Building Healthy Social and Peer Relationships:** Paige Morgan from Aggies Elevated at Utah State University shares tips and advice on building healthy social and peer relationships while at school.

**CHOICE D: Finding Your People or Tribe: Building Social Capital:** Colton Vazquez from the Compass Program at Duquesne University, supported by several friends, presents ideas, tips, and stories about their college experience and the importance of getting involved.

- 2:45PM- 2:55PM LOBBY TIME!

**Find Your Zoom!** SLC Conference Hosts will help you select the Zoom you want to attend. If you are unsure where you are supposed to go, we will help you get to where you need to be!

- 2:55PM 3:15PM- Brain Break/Activities

Get to know other conference attendees with similar interests! Participants can choose from one of the following options:

Brain Break Activity:	Description:	Zoom Link:
Would You Rather?	A game of choices.	<a href="#">Link</a>
Sit and Stretch	Give your body a chance to stretch and unwind as we take you through a series of slow and easy stretches.	<a href="#">Link</a>
Dance Party Redux	Did you miss out on last night's dance party? Or did you have so much fun and want to do it again? Here is your chance!	<a href="#">Link</a>

- 3:15PM- 3:30PM- LOBBY TIME!

**Find Your Zoom!** SLC Conference Hosts will help you select the Zoom you want to attend. If you are unsure where you are supposed to go, we will help you get to where you need to be!

- 3:30PM- 4:00PM Presentation #4 ([Zoom link:](#))

**LGBTQ+ Safe Zone Ally Training:** Michael Carbonaro is a recent graduate of the AHRC Melissa Riggio Higher Education Program at CUNY- College of Staten Island, and Sylvia Cusack an autistic transgender individual with a MSW offer a Safe Zone Ally Training session for individuals with disabilities to help them connect to their peers who are also a part of the LGBTQ+ Community.

- 4:00PM- 4:30PM Farewell/Closing